



# Healing Solutions

The Way of Harmony

## **Spiritual Response Therapy SRT**

### **What is SRT?**

*Spiritual Response Therapy or "SRT" is a powerful system which clears the negative emotional energies we carry also those we have brought with us from past lives. The repeating negative programs we struggle with that go around & around which stop us from being free to experience life to the full!*

### **For example:**

*Negative Relationships – Phobias – Low Self Esteem – Addictions - Childhood fears – Fear of Loss  
Recurring Health Problems on all levels - Lack of Energy – No direction in Life – Lack of Love –  
Depression ..... This is just a few the list could go on*

***SRT is a great way of releasing these negative energies  
Setting you free, putting you back in control of your life!***

*The principles of SRT are based on the belief that we are spiritual beings living in a physical body through which we learn many lessons allowing our soul to grow & develop.*

*These life experiences and challenges can often be painful and traumatic and more often than not we are not taught how to release these feelings and energies, hence we find ourselves having to swallow all this emotion because it has nowhere else to go. Over time and many incarnations the soul and of course our physical body become full of stuff we would rather be without, this has a negative daily effect on the way we live our lives.*

*We are often aware of something we don't like about ourselves but tell others "That's just me" or "That's the way I am" well actually its not!! It's a direct response to the negative programming you have picked up and have probably been carrying for quite a while. These emotions and energies affect us greatly often blocking us from receiving our greatest good, health, wealth & happiness.*

### **How is it done?**

*We use a pendulum and specialised charts to dowse and research exactly what is blocking you from moving forward and releasing the negative emotional energy. Once these negative patterns and blocked emotions have been located they are easily cleared, this is done at a soul level high in our energy so there is no need for us to experience any pain, trauma or discomfort.  
That's the joy of SRT, the ease at which the rubbish can be cleared.*

*When the clearing is complete there is still a part for you to play in all of this! And that is what you choose to think, say & do.....no matter how much SRT clearing you have done you still have "free will" to chose how you react to people & situations, what you say, and of course your actions.*

*A full SRT clearing clears the decks so to speak and allows you the freedom to choose the reality that you so desire, it allows you find the "Ability to Respond" (Responsibility) to your life and begin manifesting the reality you desire.*

*SRT can be carried out, face to face, or remotely. Having the treatment done remotely means you don't have to be physically present at the time of your clearing. Because of the unique nature of the SRT system and the level that the clearing work is done the need to physically be present is not always needed. This remote method is nothing new and is used in many other forms of healing.*



## **What Can SRT do for me?**

**SRT can help you rediscover you innate ability to manifest:**

*Health – Prosperity- Abundance - Happiness - Harmonious relationships - Self-empowerment -  
Increased energy – Positive & Creative Thinking – A Sense of Freedom - Decision Making –  
- Joy instead of fear – Love instead of hate –*

*All those beautiful positive feelings in life that you know are there but might be struggling to feel at the moment.*

**SRT can make amazing changes in your life releasing pain, hurt and upset  
Replacing it with harmony, love & balance!**

### **Now for the important bit!**

*I highly recommend you start with a full SRT clearing then if necessary after we do shorter individual sessions to clear up any other residual issues. Often the full clearing does the trick.*

### **How much does it cost?**

#### **Full SRT Clearing**

**Cost:** £155.00

*You will receive a written report of the findings and energies cleared*

#### **Clearing time:**

*This process takes between 2 to 3 hours  
(Remember you don't have to be there)*

#### **Single Sessions**

**Cost:** £45 per hour

*For a single issue usually 1 hour is sufficient but of course this may vary depending on the nature of the issue.*

*If we only work on specific symptoms one at a time without doing a full SRT clearing first we may not be clearing the root or core issue of the problem and in time you may see the symptom return.*

### **What do I do now?**

*If you have decided to go ahead and embark on changing your life for the better then all you have to do is contact me (Chris) and I will send you some very simple forms to fill in, when I receive those back we schedule your clearing.....Simple*

*That's all you have to do!*

### **Where can I find out more?**

*If you would like more information about SRT or other spiritual stuff don't hesitate to contact me or visit:*

**[www.healingsolutions.org.uk](http://www.healingsolutions.org.uk)**

*For more general information on SRT you can visit:*

**[www.spiritualresponsetherapy.org.uk](http://www.spiritualresponsetherapy.org.uk)**

*All practitioners work under the umbrella of the Spiritual Response Association in Washington, USA:*

**[www.spiritualresponse.com](http://www.spiritualresponse.com)**

*All SRT practitioners adhere to strict ethical guidelines when working with clients, so you can be assured that you're clearing will be undertaken with care and confidentiality.*



## **Testimonials**

*I have known Chris for some time now and my first few visits were for healing treatments. These healing sessions were great for clearing specific problems but I still felt stuck in many of areas of my life. I was very aware that I was procrastinating and struggling to change a lot of things in my life. Awareness and understanding unfortunately didn't change this state or remove that feeling of being stuck. Two friends had already gone through SRT and the change in them and their lives was unmistakable so I decided to give it go. The process is extremely simple and gentle, and I found Chris totally reassuring and supportive. Since having my Full SRT clearing, my life is constantly changing even on a daily basis, things just happen the way I want them to with no more blockages. My relationships have changed and I feel a greater sense of freedom and serenity. I gained clarity and the procrastination has disappeared from my life. This is the best investment I have made and I regret not having done it earlier! I recommend SRT to everyone and actually do frequently. Thank you Chris for bringing so much into my life!*

**Stephane**

Kent



*"I have had a number of SRT sessions now and each time I am left in awe of the changes that occur as a result. It feels almost miraculous that blocked energy and negative patterns can be cleared without having to go through the pain of reliving them. The processing/effects continue long after the session has finished and it leaves me feeling lighter, less emotionally attached and able to move forward positively. Chris always guides the session with understanding, care and love and his natural intuition always manages to facilitate finding the truths, no matter how deep I hide them. Each time I undergo SRT I feel a massive step forward in my spiritual growth."*

**Jo**

Maidstone, Kent

### **How do I contact Chris?**

**By phone: 01622 600273 – 07956 624266**

**By Text: 07956 624266**

**By email: [chris@healingsolutions.org.uk](mailto:chris@healingsolutions.org.uk)**

*I very much look forward to hearing from you*